



*Lifepath Foundation is dedicated to raising funds and awareness for individuals and families impacted by behavioral health, intellectual and developmental challenges in Collin County, resulting in stronger communities.*

September 2019

## What's New at LifePath Systems-Beyond Blue

Life Begins at 55-Depression Shouldn't, that's why LifePath Systems has joined with 5 other community providers, Wellnes Center, Community Lifeline Center, Community Health Clinic, Hope Clinic, and McKinney Roots, to provide services to older adults in an unprecedented way. The program is designed to address the issues of isolation, depression, physical health services, and hunger for seniors, 55+, residing in McKinney's 75069 zip code area. The program will target residents who are already receiving services among the 6 groups and to expand the outreach to additional people in need.

Beyond Blue will expand access to mental health and physical health programs for homebound older adults, provide more accessible food distribution at both traditional food pantries and mobile locations, and extend a senior transportation program in order to reach more people in need. Beyond Blue also aims to address isolation by raising awareness of activities such as volunteering, mentoring, community gardening, and exercise groups.

This program is possible through a grant provided by Texas Health Resources.

*Please consider becoming a volunteer for this wonderful program. The Wellness Center for Older Adults is looking for drivers to help get people out in the community. Providing transportation to a doctor's appointment, grocery store, or the community center. If you are interested contact Sheila James at 972-953-7669 or [Sheila.james@wellctr.org](mailto:Sheila.james@wellctr.org).*

## Save The Date!!



## Sweet Dreams

October 17, 2019

6:00pm-10:00pm

Barn Hill Vineyards

11917 CR 509

Anna, Tx. 75409

Food, Fun, & Music By **Maylee Thomas Band**

Silent & Live Auction By **Dean McCurry Auction** [dmauctionservices.com](http://dmauctionservices.com)

For tickets: <http://www.lifepathfoundation.org>